**CAEL RESOURCE LIST ON REGENERATIVE PRACTICES**

**15th January 2021**

**Kiss the Ground**

* Buy the book:<https://www.bookdepository.com/Kiss-Ground-Josh-Tickell/9781501170263?ref=grid-view&qid=1609604155214&sr=1-1>
* Become a Soil Advocate through their course: <https://kisstheground.com/advocacy/>
* Kiss the Ground Regenerative Agriculture Training Course – coming soon. Sign up for the Waiting List: <https://docs.google.com/forms/d/e/1FAIpQLSeplzwlpVVbE_DoS46YR5BNWvu4LnaFH8sAqXiCIRHalkdgbQ/viewform?fbzx=-3846787881053651670>
* Soil Science Resources: <https://kisstheground.com/soil-science/>
* Youth Education:<https://kisstheground.com/youth-education/>

**Talks**

* Dirt to Soil by Gabe Brown (plain-speaking farmer with a powerful message about regenerative farming)<https://www.youtube.com/watch?v=9yPjoh9YJMk>
* Alan Savory’s TedTalk is hugely important:
* <https://www.ted.com/talks/allan_savory_how_to_green_the_world_s_deserts_and_reverse_climate_change?language=en>
* <https://www.ted.com/talks/allan_savory_how_to_fight_desertification_and_reverse_climate_change?language=en>
* Richard Perkins who has a number of videos about how to make small farms work with regenerative agriculture, from his experience in Sweden   <https://www.youtube.com/channel/UC3111rvadtBPUY9JJBqdmzg>

**Books**

* Charles Massy - [Call of the Reed Warbler](https://www.amazon.co.uk/Call-Reed-Warbler-Agriculture-Earth/dp/0702253413)  For farmer, backyard gardener, food buyer, health worker, policy maker and public leader alike, *Call of the Reed Warbler* offers a clear vision of a sustainable future for our food supply, our landscape, our health and our Earth. It offers hope and a powerful affirmation of our potential for change.  [https://www.goodreads.com/book/show/34951739-call-of-the-reed-warbler](https://www.goodreads.com/book/show/34951739-call-of-the-reed-warbler%0d)
* David R. Montgomery - Growing a Revolution: Bringing Our Soil Back to Life
* David R. Montgomery - Dirt: The Erosion of Civilizations
* Graham Bell - Permaculture Garden <https://grahambell.org.uk/permaculture-2-2/permaculture-books/book-review-the-permaculture-garden>
* Dirt to Soil - A journey into Regenerative Agriculture by Gabe Brown
* Holistic Management by Allan Savoury
* The Soil will Save Us by Kristin Ohlson
* The Fate of Food by Amanda Little
* A new book called Regenerative Agriculture has just been funded on Kickstarter… 750 pages of info...
* Nutrition Farming by Graeme Sait

**Websites**

* Charles Dowding – No Dig Gardening:  <https://charlesdowding.co.uk/>
* Permaculture Scotland <https://scotland.permaculture.org.uk/>
* The Land Workers Alliance <https://landworkersalliance.org.uk/>  a union of farmers, growers, foresters and land based workers
* Earth Observing System:
  + <https://eos.com/blog/>
  + <https://eos.com/blog/no-till-farming/>

**Podcasts and radio**

* Farmerama podcasts  <https://farmerama.co/>   - the voices of regenerative farming
* Nutrition Farming Podcasts:  <https://podcasts.apple.com/us/podcast/nutrition-farming-podcast/id1500903366>
* ‘On Your Farm’ Radio 4: Regenerative Farming

<https://www.bbc.co.uk/sounds/play/m000qxkw>

* Regenerative agriculture podcast by John Kempf
* Direct Driller Magazine sign up for free on the website - [http://www.directdriller.com/register/](https://emea01.safelinks.protection.outlook.com/?url=http%3A%2F%2Fwww.directdriller.com%2Fregister%2F&data=04%7C01%7C%7C1187808958794dc4613208d8b8a0fa29%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637462348815373111%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=d59fkzNHkQFrSWdG5slyAomWTeemhh9r%2FuT8xwCcrto%3D&reserved=0)
* Join us for an informative and lively session with John Duffy, of An Caora Dubh [Pron: “An-Keera-Duv”, The Black Sheep], a sheep farm in the mountains of Donegal, Ireland. The enterprise aims to build upon traditional farming practices and create a bio-diverse and productive system by working with nature rather than against it. Hear his journey with holistic management, and ask your questions. He has a great big vision for what's possible, including a nine-mile wildlife corridor from his farm to the coast.

[https://www.3lm.network/store/WEBINAR-Shifting-Perspectives-Long-Term-Holistic-Thinking-for-Marginal-Farms-p167784593](https://emea01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.3lm.network%2Fstore%2FWEBINAR-Shifting-Perspectives-Long-Term-Holistic-Thinking-for-Marginal-Farms-p167784593&data=04%7C01%7C%7C1187808958794dc4613208d8b8a0fa29%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637462348815373111%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=GXqbgOyNEFInLUSa4Ufb2jZ3Fq8aEjk08YeWSzJiXWY%3D&reserved=0)

**Harry’s Farm on YouTube**

His latest is the "What is the true environmental Impact of beef farming in UK2".  In this video he explains the difference in CO2 emissions between UK pasture animals and US grain fed animals. He has a number of short videos which are possibly more main-stream farming, but he does it in a way to educate people in how and what they are doing through the farming year in a very pleasant way.

<https://www.youtube.com/channel/UCFNRLTPU9263dTOYgrVcnHw>

**Walter Jehne**(23rd of January 2021)

How to safely and quickly cool our climate by working with the natural cooling process provided by the earths water cycle. Many people are already successfully restoring these processes. The co-benefits are enormous, providing resilience to extreme weather events as well as improvements in clean water supplies, resilience in flood or drought and food security.   [https://www.3lm.network/store/WEBINAR-Q&A-with-Walter-Jehne-p167818652](https://emea01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.3lm.network%2Fstore%2FWEBINAR-Q%26A-with-Walter-Jehne-p167818652&data=04%7C01%7C%7C1187808958794dc4613208d8b8a0fa29%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637462348815383064%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=f%2F1WuPD1QMwBxNDl2S3a5dZDMj0w9EtbhPfI2fsvLU0%3D&reserved=0)

**Articles**

* <https://www.theguardian.com/environment/2021/jan/07/uks-beef-herds-could-be-key-to-sustainable-farming-says-report>

**Visits**

* Graham Bell’s permaculture garden can be visited during open days in spring (based in Coldstream) <https://grahambell.org.uk/permaculture-courses/forest-garden-open-days>

**Conferences**

* Groundswell Conference (June) <https://groundswellag.com/speakers/john-cherry/>
* The Oxford Real Farming conference (Jan 7-13th) [looking at regenerative practice.  https://orfc.org.uk](about:blank)

**Scottish / UK based organisations**

* [BASE UK  Biodiversity, Agriculture, Soil and Environment   BASE UK  is for farmers and individuals who are interested in conservation agriculture  https://base-uk.co.uk/](about:blank)
* Farming for a Better Climate provides practical support in Scotland to benefit the farm and help reduce our impact on the climate <https://www.farmingforabetterclimate.org/>
* Colin Hunter local farmer in East Lothian: <https://www.farmingforabetterclimate.org/wp-content/uploads/2018/02/Castlemains_Meeting_5___Cover_cropping_and_no_till_in_practice.pdf>
* Soil Association <https://www.soilassociation.org/our-work-in-scotland/scotland-farming-programmes>
* Agriculture and Rural Development Stakeholder Group <https://www.gov.scot/groups/ard-stakeholders/>

*To provide the Scottish Government with advice, views and feedback in the post-CAP era*

*on:*

* *priorities for shaping our agriculture, forestry and environment*
* *potential future funding needs*
* *issues related to existing CAP support*
* The Endangered Landscapes Programme <https://www.endangeredlandscapes.org/>   aims to restore natural ecological processes, populations, and habitats for a better and more sustainable future

**Campaigns and advocacy**

* Nourish Scotland <https://www.nourishscotland.org/>  - working for a fair, healthy and sustainable food system.  Runs a number of campaigns, projects and events.